

DISHES AND THEIR ALLERGEN CONTENT – AUTUMN MENU '26

[illegible]

SMASH BOWL - SIMPLE				X			X							
SMASH BOWL - HALLOUMI				X			X							
SMASH BOWL - CHORIZO				X			X							X
AVOCADO TOAST		X		X								X	X	
TOASTED BANANA BREAD W/ BACON & MASCARPONE		X		X			X							
LUNCH														
SOUP OF THE DAY	X	X												
SOUP & ½ TOASTIE	X	X					X							
THREE CHEESE TOASTIE		X					X							X

MEDITERRANEAN TOASTIE		X					X							
CHORIZO TOASTIE		X					X							X
VEGAN CHEESE TOASTIE		X											X	
CHORIZO & MANCHEGO FOCACCIA		X					X							
CHICKEN & PESTO FOCACCIA		X								X				
SQUASH & HOUMOUS FOCACCIA		X										X		



Food
Standard
Agency
food.gov.uk

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YOU CAN FIND THIS TEMPLATE.

REVIEWED BY: CARLA BUCKLEY

INCLUDING MORE INFORMATION AT
WWW.FOOD.GOV.UK/ALLERGY

X – CONTAINS ALLERGEN. NON-REMOVABLE

X – CONTAINS ALLERGEN. REMOVABLE

D – DRESSING CONTAINS ALLERGEN

M¹– OUR LASHFORD SAUSAGES MAY CONTAIN GLUTEN