
















DISHES AND THEIR ALLERGEN CONTENT – URBAN CAFÉ BAR KITCHEN WINTER 22/23 MENU

DISHES														
	Celery	Cereals w/ gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Urban Brekkie		M ¹		X										X
Veggie Brekkie		X		X										X
Vegan Brekkie		X												X
Eggs Benedict		X		X			X							X
Eggs Funghi		X		X			X							X
Eggs Florentine		X		X			X							X
Avo Smash		X										X		
Eggs on toast		X		X										X
Sriracha Feta Eggs		X		X			X					M ²		X
Sriracha Bacon Eggs		X		X								M ²		X
Vegan bap		X												

 Shaded cell indicates allergen can be removed















X – Contains allergen, non-removable


D – dressing contains allergen

M¹ – Our Lashford Sausages may contain Gluten

M² – Sriracha dressing may contain sesame seeds

DISHES AND THEIR ALLERGEN CONTENT – URBAN CAFÉ BAR KITCHEN WINTER 22/23 MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage & bacon bap		M ¹ X												
American Pancakes		X											X	
Pancakes with Peanut Butter and Banana		X									X		X	
Pancakes with Nutella		X					X			X	X		X	
Pancakes with eggs		X		X									X	
Pancakes with eggs & bacon		X		X									X	
Creamy Mushrooms		X												
Review date:	21/02/23			Reviewed by:	Carla Buckley							You can find this template, including more information at www.food.gov.uk/allergy		

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Soup of the Day	X	X												
Urban Philly Bap	X	X					X							X
Vegan Philly Bap		X												X
Grilled Cheese		X					X							
Vegan 'Fish' Finger Sandwich		X												
Beef Brisket Chilli	X	X												
Vegan 'Beef' Brisket Chilli		X											X	
Review date:	21/02/23			Reviewed by:	Carla Buckley							You can find this template, including more information at www.food.gov.uk/allergy		

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